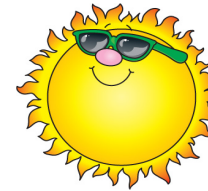


MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3	Turkey & American Cheese on WG Bread Au Gratin Potatoes Mandarin Oranges Milk	4	Beef Lasagna Cass. w/ WG Rotini Pasta Crinkle Cut Carrots Fresh Orange Milk	5	WG Breaded Chicken Sandwich - CN Green Peas Fresh Apple WG Hamburger Bun Milk	6	BBQ Chicken Grill Bites - CN BBQ Baked Beans Sliced Peaches WG Bread Slice Milk	7	Teriyaki Meatballs - CN Romaine Blend Salad Ranch Dressing Fresh Pear WG Breadstick Milk
10	Diced Turkey & Gravy Mashed Potatoes Unsweetened Strawberry Applesauce WG Dinner Roll Milk	11	All Beef Hot Dog - CN Tater Tots Diced Peaches WG Hot Dog Bun Milk	12	WG Beef Steak Nuggets - CN Mixed Vegetables Fresh Apple Milk	13	WG Chili Macaroni Casserole Cauliflower & Carrots Fresh Banana Milk	14	Ham & American Cheese on WG Bun Broccoli Salad Tropical Fruit Milk
17	Grilled Chicken Sandwich - CN Carrot Coins Pineapple Tidbits WG Hamburger Bun Milk	18	Meatballs with Stroganoff Sauce - CN Cheesy Whip Potatoes Diced Pears WG Bread Slice Milk	19	Sweet & Sour Diced Chicken over WG Brown Rice Romaine Blend Salad Ranch Dressing Fresh Banana Milk	20	WG Turkey Pepperoni Stuffed Pizza Pocket - CN Corn Fresh Orange Milk	21	Beef Taco Joe Sandwich Potato Ole's Fresh Apple WG Hamburger Bun Milk
24	Ham & Scalloped Potatoes Unsweetened Applesauce WG Bread Slice Milk	25	Turkey & Cheese Roll-Up American Cheese WG Tortilla Shell Fresh Carrot Chips Diced Peaches Milk	26	WG Cheese Ravioli with Marinara - CN Green Beans Fresh Apple Milk	27	WG Chicken Tenders - CN Green Peas Fruit Mix Milk	28	Chicken Breast in Mushroom Gravy - CN Broccoli Fresh Banana WG Dinner Roll Milk



Lasagna Casserole			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	8	40.0%	
Pasta WG Elbow	4	20.0%	
Sauce Marinara All Purpose	3	15.0%	
Sauce Spaghetti Red. Sodium	3	15.0%	
Cheese Mozzarella Shred	2	10.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.2	2.4
School K-8	6	1.2	2.4
Daycare 6-12	5	1	2
Daycare 3-5	4	0.8	1.6
Daycare 1-2	3	0.6	1.2

Turkey & Gravy			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Turkey Meat Diced	12	60.0%	
Wx Turkey Gravy	4.4	22.0%	
Diced Onions	1.2	6.0%	
Diced Carrots	1.2	6.0%	
Diced Celery	1.2	6.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	4		2.4
School K-8	4		2.4
Daycare 6-12	4		2.4
Daycare 3-5	3		1.8
Daycare 1-2	2		1.2

Beef Chili Macaroni Casserole			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Sauce Tomato	3.2	16.0%	
Pasta WG Elbow Noodles	4	20.0%	
Bean Chk Pinto	3	15.0%	
Beef Ground Precooked	8	40.0%	
Diced Onion	0.8	3.0%	
Diced Pepper	0.6	3.0%	
Diced Tomato	0.6	3.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.2	2.4
School K-8	6	1.2	2.4
Daycare 6-12	5	1	2
Daycare 3-5	4	0.8	1.6
Daycare 1-2	3	0.6	1.2

Sweet & Sour Diced Chicken			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS) Pounds/Cs			
Chicken Meat Diced	12	60.0%	
Sauce Sweet & Sour	4.4	22.0%	
Diced Carrot	1.2	6.0%	
Diced Onion	1.2	6.0%	
Diced Celery	1.2	6.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	4		2.4
School K-8	4		2.4
Daycare 6-12	4		2.4
Daycare 3-5	3		1.8
Daycare 1-2	2		1.2

Taco Joe			
BATCH YIELD (LBS)	9.5		
INGREDIENTS (LBS)			
Beef Ground Precooked	4.2	48.0%	
Beef Taco Filling	3.6	38.0%	
Tomato Paste	0.5	5.0%	
Diced Onion	0.4	4.0%	
Diced Pepper	0.4	4.0%	
Diced Tomato	0.4	4.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	4		2.5
School K-8	4		2.5
Daycare 6-12	4		2.5
Daycare 3-5	3		1.9
Daycare 1-2	2		1.2

Ham & Scalloped Potato			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Diced Ham	8	40.0%	
Potato Scalloped Dehydrated	12	60.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6		2.4
School K-8	6		2.4
Daycare 6-12	5		2
Daycare 3-5	4		1.6
Daycare 1-2	3		1.2