<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
</table>
| 2 Taco Joe Sandwich  
Broccoli  
Unsweetened Applesauce  
WG Hamburger Bun  
Milk | 3 Chicken Breast - CN  
in Chicken Gravy  
Mashed Potatoes  
Cinnamon Pears  
WG Dinner Roll  
Milk | 4 WG Mini Chicken  
Corn Dogs - CN  
Corn  
Fruit Mix  
Milk | 5 Turkey Tetrazini  
with WG Spaghetti  
Green Peas  
Fresh Apple  
Milk | 6 Meatballs - CN in  
Brown Gravy  
Carrot Coins  
Fresh Banana  
WG Breadstick  
Milk |
| | 9 Cheesy Chicken &  
WG Rice Cass.  
Green Beans  
Sliced Pears  
Milk | 10 WG Turkey Pepperoni  
Pizza Pocket - CN  
Corn  
Fruit Cocktail  
Milk | 11 All Beef Hot Dog - CN  
Diced Carrots  
Unsweetened Strawberry Applesauce  
WG Hot Dog Bun  
Milk | 12 Beef & Cheese Taco  
Taco Meat  
Shredded Cheese  
Potato Ole's  
Fresh Banana  
WG Tortilla Shell  
Milk | 13 WG Chicken Tenders - CN  
Mixed Vegetables  
Fresh Orange  
Milk |
| | 16 Meatball Marinara  
Sub Sandwich - CN  
Green Beans  
Pineapple Tidbits  
WG Hot Dog Bun  
Milk | 17 WG Beef Steak  
Nuggets - CN  
Garlic Whipped Potatoes  
Mandarin Oranges  
Milk | 18 Tater Tot Casserole  
Cheesy Broccoli  
Fresh Red Grapes  
WG Dinner Roll  
Milk | 19 Turkey & Scalloped Potatoes  
Romaine Blend Salad  
Ranch Dressing  
WG Breadstick  
Milk | 20 BBQ Chicken Breast Sandwich - CN  
BBQ Baked Beans  
Fresh Pear  
WG Hamburger Bun  
Milk |
| | 23 Orange Chicken  
Grill Bites - CN  
Peas & Carrots  
Tropical Fruit  
WG Breadstick  
Milk | 24 Salisbury Steak in  
Mushroom Gravy - CN  
Scalloped Potatoes  
Fresh Banana  
WG Dinner Roll  
Milk | 25 WG Mac & Cheese  
Mixed Vegetables  
Fresh Apple  
Milk | 26 Swedish Style  
Meatballs - CN  
Broccoli  
Unsweetened Cinnamon Applesauce  
WG Bread Slice  
Milk | 27 Pizza Pasta Cass w/ WG Rotini Pasta  
Romaine Blend Salad  
Ranch Dressing  
Fresh Banana  
Milk |
| | 30 Chicken Parmesan  
Cass. w/ WG Penne  
Corn  
Pineapple Tidbits  
Milk | 31 WG Chicken Nuggets - CN  
Whipped Potatoes  
Fresh Orange  
Milk | 1 Hamburger Patty - CN  
Diced Carrots  
Diced Pears  
WG Hamburger Bun  
Milk | 2 Pizza Pasta Cass w/ WG Rotini Pasta  
Romaine Blend Salad  
Ranch Dressing  
Fresh Banana  
Milk |
# Nutrition Chart

<table>
<thead>
<tr>
<th>Recipe</th>
<th>Batch Yield (LBS)</th>
<th>Ingredients (LBS)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Taco Joe</td>
<td>9.5</td>
<td>Beef Ground Precooked 4.2 40.0%, Beef Taco Filling 3.6 38.0%, Tomato Paste 0.4 4.0%</td>
</tr>
<tr>
<td>Turkey Tetrazzini</td>
<td>18.5</td>
<td>Beef Ground Precooked 7.6 30.0%, Turkey Meat Dust 7.4 40.0%, Pasta WG Spaghetti Noodles 5.5 30.0%</td>
</tr>
<tr>
<td>Cheesy Chicken &amp; Rice</td>
<td>18.5</td>
<td>Chicken Meat Dust 8.8 40.0%, Pasta WG Spaghetti Noodles 5.5 30.0%, Mix Cheese Sauce 2.8 15.0%</td>
</tr>
<tr>
<td>Taco Meat Beef</td>
<td>5.5</td>
<td>Beef Ground Precooked 7.6 30.0%, Beef Taco Filling 1.9 20.0%, Tomato Paste 0.4 4.0%</td>
</tr>
<tr>
<td>Beef &amp; Tater Tot Casserole</td>
<td>10</td>
<td>Ground Beef Precooked 4.3 40.0%, Beef Meat Diced 7.5 40.0%, Pasta WG Spaghetti Noodles 5.5 30.0%</td>
</tr>
</tbody>
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<table>
<thead>
<tr>
<th>Nutritional Equivalencies</th>
<th>Serving (oz)</th>
<th>Grain (oz)</th>
<th>Meat (oz)</th>
</tr>
</thead>
<tbody>
<tr>
<td>School 9-12/Adult</td>
<td>6</td>
<td>2.4</td>
<td>2.4</td>
</tr>
<tr>
<td>School K-8</td>
<td>6</td>
<td>2.4</td>
<td>2.4</td>
</tr>
<tr>
<td>Daycare 6-12</td>
<td>5</td>
<td>1.7</td>
<td>2.4</td>
</tr>
<tr>
<td>Daycare 3-5</td>
<td>4</td>
<td>1.1</td>
<td>1.6</td>
</tr>
<tr>
<td>Daycare 1-2</td>
<td>3</td>
<td>0.8</td>
<td>1.2</td>
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<td>Turkey &amp; Scalloped Potato</td>
<td>20</td>
<td>Ground Turkey 6 40.0%, Potato Scalloped Dehydrated 12 60.0%</td>
</tr>
<tr>
<td>Macaroni &amp; Cheese</td>
<td>25</td>
<td>Cheese American Coal 10 40.0%, Pasta WG Spaghetti Noodles 10 40.0%, Mix Cheese Sauce 9 20.0%</td>
</tr>
<tr>
<td>Chicken Parm Cass w/ Penne</td>
<td>20</td>
<td>Chicken Meat Dust 8 40.0%, Pasta WG Spaghetti Noodles 6 21.0%, Sauce Spaghetti Red. Sodium 2.7 13.0%</td>
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<tr>
<td>Pizza Pasta Casserole with Pepperoni</td>
<td>20</td>
<td>Beef Ground Precooked 6 40.0%, Pasta WG Spaghetti Noodles 5 25.0%, Sauce Spaghetti Red. Sodium 2.7 13.0%</td>
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