



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28	Beef & Tater Tot Casserole Mixed Vegetables Fruit Cocktail WG Dinner Roll Milk	29	Cheeseburger American Cheese Corn Diced Peaches WG Hamburger Bun Milk	30	WG Mini Chicken Corn Dogs - CN Carrot Chips Fresh Apple Milk	1	BBQ Pork Rib Patty - CN BBQ Baked Beans Fresh Pear WG Hot Dog Bun Milk	2	Beef Stroganoff with WG Egg Noodles Diced Carrots Fresh Banana Milk
5	BBQ Chicken Grill Bites - CN Potato Salad Sliced Pears WG Breadstick Milk	6	Sloppy Joe Sandwich Mixed Vegetables Fresh Apple WG Hamburger Bun Milk	7	WG Chicken Nuggets - CN Cheesy Mashed Potatoes Unsweetened Strawberry Applesauce Milk	8	Beef Taco Casserole w/ WG Rotini Pasta Carrot Coins Fresh Banana Milk	9	Sliced Turkey American Cheese(.67oz) on WG Bread Potato Wedges Fresh Orange Milk
12	WG Macaroni & Cheese Winter Blend Vegetables Mandarin Oranges Milk	13	WG Bean & Cheese Burrito - CN Chef Mike's Cheese Sauce Corn Unsweetened Cinnamon Applesauce Milk	14	Creamy Tuna & WG Egg Noodle Cass. Green Peas Fresh Pear Milk	15	Grilled Chicken Sandwich - CN Green Beans Fresh Apple WG Hamburger Bun Milk	16	Meatballs in Brown Gravy - CN Romaine Blend Salad Ranch Dressing Fresh Banana WG Dinner Roll Milk
19	Orange Chicken Stir Fry w/ WG Spaghetti Pasta Peas & Carrots Tropical Fruit Milk	20	WG Cheese Ravioli in Marinara Sauce - CN Broccoli Fresh Apple Milk	21	Breakfast for Lunch! Cheese Omelet - CN in Chef Mike's Cheese Sauce Breakfast Potatoes Diced Peaches WG Mini Biscuit Milk	22	Taco Joe Sandwich Mixed Vegetables Fresh Orange WG Hamburger Bun Milk	23	WG Breaded Fish Sticks - CN Green Beans Fresh Pear Milk
26	Sliced Ham American Cheese(.67oz) on WG Bun Country Blend Veggies Pineapple Tidbits Milk	27	WG Chicken Tenders - CN Corn Fresh Pear Milk	28	BBQ Chicken Breast Sandwich - CN BBQ Baked Beans Fresh Carrot Chips WG Hamburger Bun Milk	29	Italian Beef Goulash w/ WG Elbow Noodles Romaine Blend Salad Ranch Dressing Fresh Banana Milk	30	Axe Chopped Chicken & Graveyard Gravy Mangled Mashed Potatoes Freakishly Fresh Apple Decrepit Dinner Roll (WG) Monstrous Milk <i>*Bonus Holiday Cookie!</i>

Beef & Tater Tot Casserole				
BATCH YIELD (LBS)		10		
INGREDIENTS (LBS)				
Ground Beef Precooked	4		40.0%	
Soup Mushroom	2.3		23.0%	
Mix Cheese Sauce	2.1		21.0%	
Green Bean	1		10.0%	
Diced Onions	0.3		3.0%	
Diced Peppers	0.3		3.0%	
Tator Tots - 1 Layer Tops Every Pan				
Shred Cheese - 1 Layer Tops Every Pan				
Nutritional Equivalencies				
Serving (oz) Grain (oz) Meat (oz)				
School 9-12/Adult	6			2.4
School K-8	6			2.4
Daycare 6-12	5			2
Daycare 3-5	4			1.6
Daycare 1-2	3			1.2

Beef Stroganoff - Beef Noodle				
BATCH YIELD (LBS)		20		
INGREDIENTS (LBS)				
Beef Ground Precooked	8		40.0%	
Pasta WG Egg Noodle	5		25.0%	
Sour Cream	1		5.0%	
Brown Gravy Mix	6		30.0%	
Nutritional Equivalencies				
Serving (oz) Grain (oz) Meat (oz)				
School 9-12/Adult	6		1.5	2.4
School K-8	6		1.5	2.4
Daycare 6-12	5		1.2	2
Daycare 3-5	4		1	1.6
Daycare 1-2	3		0.7	1.2

Sloppy Joe				
BATCH YIELD (LBS)		13		
INGREDIENTS (LBS)				
Beef Ground Precooked	10		76.0%	
Sauce BBQ	1		8.0%	
Tomato Paste	1		8.0%	
Diced Onion	1		8.0%	
Nutritional Equivalencies				
Serving (oz) Grain (oz) Meat (oz)				
School 9-12/Adult	4			2.3
School K-8	4			2.3
Daycare 6-12	4			2.3
Daycare 3-5	3			1.7
Daycare 1-2	2			1.1

Beef Taco Casserole				
BATCH YIELD (LBS)		20		
INGREDIENTS (LBS)				
Beef Ground Precooked	8		40.0%	
Beef Taco Filling	2		10.0%	
Pasta WG Rotini	4		20.0%	
Sauce Mix Cheese	3.9		19.5%	
Diced Onion	0.7		3.5%	
Diced Pepper	0.7		3.5%	
Diced Tomato	0.7		3.5%	
Nutritional Equivalencies				
Serving (oz) Grain (oz) Meat (oz)				
School 9-12/Adult	6		1.2	2.4
School K-8	6		1.2	2.4
Daycare 6-12	5		1	2
Daycare 3-5	4		0.8	1.6
Daycare 1-2	3		0.6	1.2

Macaroni & Cheese				
BATCH YIELD (LBS)		25		
INGREDIENTS (LBS)				
Cheese American Loaf	10		40.0%	
Pasta WG Elbow Noodle	10		40.0%	
Mix Cheese Sauce	5		20.0%	
Nutritional Equivalencies				
Serving (oz) Grain (oz) Meat (oz)				
School 9-12/Adult	6		2.4	2.4
School K-8	5		2	2
Daycare 6-12	5		2	2
Daycare 3-5	4		1.6	1.6
Daycare 1-2	3		1.2	1.2

Creamy Tuna & Egg Noodles				
BATCH YIELD (LBS)		20		
INGREDIENTS (LBS)				
Meat Tuna Light	8		40.0%	
Pasta WG Egg Noodles	4		20.0%	
Mix Alfredo Sauce	3.4		17.0%	
Mix Cream Soup	3.4		17.0%	
Diced Onion	0.4		2.0%	
Diced Carrot	0.4		2.0%	
Diced Celery	0.4		2.0%	
Nutritional Equivalencies				
Serving (oz) Grain (oz) Meat (oz)				
School 9-12/Adult	6		1.2	2.4
School K-8	6		1.2	2.4
Daycare 6-12	5		1	2
Daycare 3-5	4		0.8	1.6
Daycare 1-2	3		0.6	1.2

Orange Chx & WG Spaghetti				
BATCH YIELD (LBS)		18.5		
INGREDIENTS (LBS)				
Chicken Meat Diced	7.4		40.0%	
WG Spaghetti Pasta	3.7		20.0%	
Teriyaki Sauce	2.8		15.5%	
Orange Juice	2.9		15.5%	
Diced Carrots	0.6		3.0%	
Diced Celery	0.5		3.0%	
Diced Green Onion	0.6		3.0%	
Nutritional Equivalencies				
Serving (oz) Grain (oz) Meat (oz)				
School 9-12/Adult	6		1.2	2.4
School K-8	6		1.2	2.4
Daycare 6-12	5		1	2
Daycare 3-5	4		0.7	1.6
Daycare 1-2	3		0.6	1.2

Taco Joe				
BATCH YIELD (LBS)		9.5		
INGREDIENTS (LBS)				
Beef Ground Precooked	4.2		45.0%	
Beef Taco Filling	3.6		38.0%	
Tomato Paste	0.5		5.0%	
Diced Onion	0.4		4.0%	
Diced Pepper	0.4		4.0%	
Diced Tomato	0.4		4.0%	
Nutritional Equivalencies				
Serving (oz) Grain (oz) Meat (oz)				
School 9-12/Adult	4			2.5
School K-8	4			2.5
Daycare 6-12	4			2.5
Daycare 3-5	3			1.9
Daycare 1-2	2			1.2

Italian Goulash				
BATCH YIELD (LBS)		20		
INGREDIENTS (LBS)				
Beef Ground Precooked	8		40.0%	
Pasta WG Elbow Noodle	4		20.0%	
Sauce Spaghetti	3.4		17.0%	
Sauce Marinara	3.4		17.0%	
Diced Onion	0.4		2.0%	
Diced Pepper	0.4		2.0%	
Diced Tomato	0.4		2.0%	
Nutritional Equivalencies				
Serving (oz) Grain (oz) Meat (oz)				
School 9-12/Adult	6		1.2	2.4
School K-8	6		1.2	2.4
Daycare 6-12	5		1	2
Daycare 3-5	4		0.8	1.6
Daycare 1-2	3		0.6	1.2

Chicken & Gravy				
BATCH YIELD (LBS)		20		
INGREDIENTS (LBS)				
Chicken Meat Diced	12		60.0%	
Mix Chicken Gravy	4.4		22.0%	
Diced Onions	1.2		6.0%	
Diced Carrots	1.2		6.0%	
Diced Celery	1.2		6.0%	
Nutritional Equivalencies				
Serving (oz) Grain (oz) Meat (oz)				
School 9-12/Adult	5			3
School K-8	4			2.4
Daycare 6-12	4			2.4
Daycare 3-5	3			1.8
Daycare 1-2	2			1.2