



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
29	<b>Hamburger - CN</b> Scalloped Potatoes Fresh Apple WG Hamburger Bun Milk	30	<b>BBQ Pork Rib Patty - CN</b> Cheesy Whip Potatoes Fresh Banana WG Mini Hoagie Bun Milk	31	<b>Creamed Chicken Gravy over WG Biscuit</b> Crinkle Cut Carrots Mandarin Oranges Milk	1	<b>WG Turkey Pepperoni Stuffed Pizza Pocket</b> Cauliflower Sliced Peaches Milk	2	<b>Cheesy Tuna &amp; WG Macaroni Casserole</b> Romaine Blend Salad Ranch Dressing Fresh Pear Milk
5	<b>Sloppy Joe Sandwich on WG Hamburger Bun</b> Mixed Vegetables Fresh Orange Milk	6	<b>Cheesy Chicken Breast - CN</b> Fiesta Bean Trio Fresh Banana WG Breadstick Milk	7	<b>Chicken Dressing Casserole</b> Peas & Carrots Fresh Apple WG Dinner Roll Milk	8	<b>Ham &amp; Au gratin Potatoes</b> Broccoli WG Breadstick Milk	9	<b>Breakfast for Lunch!</b> Cheese Omelet in Chef Mike's Cheese Sauce Tater Rounds Sliced Pears WG Bread Slice Milk
12	<b>WG Spaghetti &amp; Meat Sauce</b> Diced Carrots Fresh Pear Milk	13	<b>WG Chicken Nuggets - CN</b> Mixed Vegetables Fresh Apple Milk	14	<b>Grilled Chicken Breast Sandwich - CN</b> BBQ Baked Beans Diced Peaches WG Hamburger Bun Milk	15	<b>Swedish Meatballs</b> Mashed Potatoes Fruit Cocktail WG Dinner Roll Milk	16	<b>Hamburger Pizza Pasta w/ WG Rotini &amp; Pepperoni</b> Romaine Blend Salad Ranch Dressing Fresh Banana Milk
19	<b>Five Cheese WG Macaroni</b> Peas & Carrots Unsweetened Applesauce Milk	20	<b>Beef &amp; Cheese Nachos</b> Taco Meat Shredded Cheese WG Tortilla Chips Corn Fresh Orange Milk	21	<b>Cheesy Chicken &amp; WG Rice Casserole</b> Broccoli Fresh Apple Milk	22	<b>Meatball Marinara Sandwich</b> Green Peas Fruit Mix WG Mini Hoagie Bun Milk	23	<b>Sweet &amp; Sour Chicken Grill Bites - CN</b> Cauliflower Fresh Banana WG Breadstick Milk
26	<b>Turkey Tetrazini with WG Pasta</b> Corn Fruit Cocktail Milk	27	<b>Beef &amp; 3 Bean Chili</b> Potato Wedges Fresh Orange WG Dinner Roll Milk	28	<b>WG Breaded Chicken Sandwich</b> Mixed Vegetables Fresh Banana WG Hamburger Bun Milk	29	<b>Diced Chicken &amp; Gravy</b> Mashed Potatoes Fresh Pear WG Dinner Roll Milk	30	<b>WG Chicken Tenders - CN</b> Diced Carrots Diced Peaches Milk

Creamed Chicken			
BATCH YIELD (LBS)	10		
INGREDIENTS (LBS)			
Chicken Meat Diced	6	60.0%	
Mix Chicken Gravy	1.1	11.0%	
Mix Cream Soup	1.1	11.0%	
Diced Carrots	0.6	6.0%	
Diced Onions	0.6	6.0%	
Diced Celery	0.6	6.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	4		2.4
School K-8	4		2.4
Daycare 6-12	4		2.4
Daycare 3-5	3		1.8
Daycare 1-2	2		1.2

Tuna Macaroni & Cheese			
BATCH YIELD (LBS)	18.75		
INGREDIENTS (LBS)			
Cheese American Loaf	3.75	20.0%	
Pasta WG Elbow Noodle	8	43.0%	
Mix Cheese Sauce	3	16.0%	
Meat Tuna Light Pouch	4	21.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	2.5	2.4
School K-8	5	2.1	2
Daycare 6-12	5	2.1	2
Daycare 3-5	4	1.7	1.6
Daycare 1-2	3	1.2	1.2

Sloppy Joe			
BATCH YIELD (LBS)	13		
INGREDIENTS (LBS)			
Beef Ground Precooked	10	76.0%	
Sauce BBQ	1	8.0%	
Tomato Paste	1	8.0%	
Diced Onion	1	8.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	4		2.3
School K-8	4		2.3
Daycare 6-12	4		2.3
Daycare 3-5	3		1.7
Daycare 1-2	2		1.1

Chicken Dressing Cass.			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Chicken Meat Diced	8	40.0%	
Stuffing Mix Combread	5	25.0%	
Mix Chicken Gravy	5.8	29.0%	
Diced Carrots	0.4	2.0%	
Diced Onions	0.4	2.0%	
Diced Celery	0.4	2.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.5	2.4
School K-8	5	1.25	2
Daycare 6-12	5	1.25	2
Daycare 3-5	4	1	1.6
Daycare 1-2	3	0.7	1.2

Ham & AuGratin Potato			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Ham Meat Diced	8	40.0%	
Potato AuGratin Dehydrated	10.8	54.0%	
Diced Celery	0.4	2.0%	
Diced Carrots	0.4	2.0%	
Diced Onion	0.4	2.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6		2.4
School K-8	5		2
Daycare 6-12	5		2
Daycare 3-5	4		1.6
Daycare 1-2	3		1.2

Spaghetti & Meat Sauce			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	8	40.0%	
Pasta WG Spaghetti Noodles	4	20.0%	
Sauce Spaghetti Red. Sodium	3.7	18.5%	
Sauce Marinara All Purpose	3.7	18.5%	
Diced Onion	0.6	3.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.2	2.4
School K-8	6	1.2	2.4
Daycare 6-12	5	1	2
Daycare 3-5	4	0.8	1.6
Daycare 1-2	3	0.6	1.2

Pizza Pasta Casserole with Pepperoni			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	8	40.0%	
Pasta WG Rotini	5	25.0%	
Sauce Spaghetti Red. Sodium	2.7	13.5%	
Sauce Marinara All Purpose	2.7	13.5%	
Cheese Cheddar/Jack Shred	0.8	4.0%	
Pork & Beef Pepperoni Sliced	0.8	4.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.5	2.4
School K-8	6	1.5	2.4
Daycare 6-12	5	1.2	2
Daycare 3-5	4	1	1.5
Daycare 1-2	3	0.7	1.2

5 Cheese Macaroni & Cheese			
BATCH YIELD (LBS)	25		
INGREDIENTS (LBS)			
Cheese American Loaf	7.5	30.0%	
Pasta WG Elbow Noodle	10	40.0%	
Mix Cheese Sauce	5	20.0%	
Cheese Parmesan Shred	0.5	2.0%	
Cheese Cheddar/Jack Shred	0.5	2.0%	
Cheese Mozzarella Loaf	1.5	6.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	2.4	2.4
School K-8	5	2	2
Daycare 6-12	5	2	2
Daycare 3-5	4	1.6	1.6
Daycare 1-2	3	1.2	1.2

Taco Meat Beef			
BATCH YIELD (LBS)	9.5		
INGREDIENTS (LBS)			
Beef Ground Precooked	7.6	80.0%	
Beef Taco Filling	1.9	20.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	4		3.2
School K-8	4		3.2
Daycare 6-12	3		2.2
Daycare 3-5	2		1.6
Daycare 1-2	2		1.6

Cheesy Chicken & Rice			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Chicken Meat Diced	8	40.0%	
Brown Rice	4	20.0%	
Mix Cheese Sauce	6.5	32.5%	
Diced Onion	0.5	2.5%	
Diced Celery	0.5	2.5%	
Diced Carrots	0.5	2.5%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.2	2.4
School K-8	6	1.2	2.4
Daycare 6-12	5	1	2
Daycare 3-5	4	0.8	1.6
Daycare 1-2	3	0.6	1.2

Turkey Tetrizzini			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Turkey Meat Diced	8	40.0%	
Pasta WG Spaghetti Noodles	4	20.0%	
Cream Base Mix	3.4	17.0%	
Alfredo Sauce Mix	3.4	17.0%	
Mushroom Pieces	0.4	2.0%	
Diced Peppers	0.4	2.0%	
Diced Onions	0.4	2.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.2	2.4
School K-8	6	1.2	2.4
Daycare 6-12	5	1	2
Daycare 3-5	4	0.8	1.6
Daycare 1-2	3	0.6	1.2

Hearty 3 Bean Chili			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	5	25.0%	
Bean Chili	4	20.0%	
Bean Kidney	3.8	19.0%	
Bean Black	3.8	19.0%	
Sauce Tomato	2.2	11.0%	
Diced Pepper	0.4	2.0%	
Diced Onion	0.4	2.0%	
Diced Tomato	0.4	2.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	5		3.1
School K-8	5		3.1
Daycare 6-12	5		3.1
Daycare 3-5	4		2.5
Daycare 1-2	3		1.9

Chicken & Gravy			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Chicken Meat Diced	12	60.0%	
Mix Chicken Gravy	4.4	22.0%	
Diced Onions	1.2	6.0%	
Diced Carrots	1.2	6.0%	
Diced Celery	1.2	6.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	5		3
School K-8	4		2.4
Daycare 6-12	4		2.4
Daycare 3-5	3		1.8
Daycare 1-2	2		1.2